

Ware Public Schools

JANUARY, 2010

Monday	Tuesday	Wednesday	Thursday	Friday
				Jan - 1 SCHOOL CLOSED TODAY HAPPY NEW YEAR
Jan - 4 CHEESE STEAK SANDWICH FRENCH FRIES APPLESAUCE MILK-VARIETY	Jan - 5 CHICKEN PATTY ON A ROLL LETTUCE & TOMATO POTATO WEDGES PEACHES MILK-VARIETY	Jan - 6 TOMATO SOUP ASSORTED GRINDERS ROTINI PASTA SALAD SLICED CUCUMBERS W/DIP PEARS MILK-VARIETY	Jan - 7 SPAGHETTI & MEAT SAUCE GREEN BEANS BREADSTICKS PINEAPPLE CHUNKS MILK-VARIETY	Jan - 8 MULTI GRAIN PIZZA WITH ASST. TOPPINGS TOSSED SALAD FRUIT MILK-VARIETY
Jan - 11 GRILLED CHEESEBURGER LETTUCE & TOMATO POTATO PUFFS FRUIT COCKTAIL MILK-VARIETY	Jan - 12 CHICKEN NUGGETS WHIPPED POTATOES PEAS APPLESAUCE MILK-VARIETY	Jan - 13 HOT DOG ON A ROLL BAKED BEANS FRENCH FRIES PINEAPPLE CHUNKS MILK-VARIETY	Jan - 14 MEATLOAF W/GRAVY WHIPPED POTATOES CARROTS BREADSTICKS PEARS MILK-VARIETY	Jan - 15 CHICKEN NOODLE SOUP SANDWICH - VARIETY THREE BEAN SALAD PICKLE SPEAR BAKED POTATO CHIPS FRUIT MILK-VARIETY
Jan - 18 SCHOOL CLOSED TODAY MARTIN LUTHER KING DAY	Jan - 19 CHICKEN PATTY ON A ROLL LETTUCE & TOMATO FRENCH FRIES PEACHES MILK-VARIETY	Jan - 20 MULTI GRAIN PIZZA WITH ASST. TOPPINGS TOSSED SALAD PEARS MILK-VARIETY	Jan - 21 SHEPHERD'S PIE GREEN BEANS WHOLE WHEAT BREADSTICK FRUIT COCKTAIL MILK-VARIETY	Jan - 22 PANCAKES BROWN & SERVE SAUSAGE HASH BROWN APPLESAUCE MILK-VARIETY
Jan - 25 HOT DOG ON A ROLL BAKED BEANS FRENCH FRIES PINEAPPLE CHUNKS MILK-VARIETY	Jan - 26 TACOS CORN APPLESAUCE MILK-VARIETY	Jan - 27 CHICKEN NUGGETS WHIPPED POTATOES CARROTS PEACHES MILK-VARIETY	Jan - 28 SPAGHETTI & MEAT SAUCE TOSSED SALAD BREADSTICKS PEARS MILK-VARIETY	Jan - 29 CHICKEN NOODLE SOUP SANDWICH - VARIETY VEG. STICKS W/LOWFAT DIP FRUIT MILK-VARIETY

MENU SUBJECT TO CHANGE
BREAKFAST SERVED DAILY
THERE ARE 3 TYPES OF MILK SERVED DAILY:
CHOCOLATE, SKIM, AND 2%
JUICE IS 100% PURE JUICE
FRESH FRUITS AND VEGETABLES AVAILABLE DAILY

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.