

**Ware Public Schools**  
**MARCH, 2010**

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1  GRILLED CHEESEBURGER LETTUCE & TOMATO FRENCH FRIES PEACHES MILK-VARIETY	Mar - 2  CHICKEN STIRFRY W/RICE WHOLE WHEAT BREADSTICK PINEAPPLE CHUNKS MILK-VARIETY	Mar - 3  MULTI GRAIN PIZZA WITH ASST. TOPPINGS TOSSED SALAD APPLESAUCE MILK-VARIETY	Mar - 4  CHICKEN PATTY ON A ROLL LETTUCE & TOMATO FRENCH FRIES PEARS MILK-VARIETY	Mar - 5  CHICKEN NOODLE SOUP SANDWICH - VARIETY PICKLE SPEAR THREE BEAN SALAD MACARONI SALAD FRUIT MILK-VARIETY
Mar - 8  HOT DOG ON A ROLL BAKED BEANS POTATO PUFFS PINEAPPLE CHUNKS MILK-VARIETY	Mar - 9  MEATBALL GRINDER TOSSED SALAD FARM FRESH APPLES MILK-VARIETY	Mar - 10  SCHOOL CLOSED TODAY TEACHER PROF. DAY	Mar - 11  CHICKEN NUGGETS WHIPPED POTATOES GREEN BEANS PEACHES MILK-VARIETY	Mar - 12  MULTI GRAIN PIZZA WITH ASST. TOPPINGS TOSSED SALAD FRUIT MILK-VARIETY
Mar - 15  CHEESE STEAK SANDWICH FRENCH FRIES PEARS MILK-VARIETY	Mar - 16  CHICKEN NOODLE SOUP SANDWICH - VARIETY VEG. STICKS W/LOWFAT DIP BAKED POTATO CHIPS BANANAS MILK-VARIETY	Mar - 17  CHICKEN PATTY ON A ROLL LETTUCE & TOMATO POTATO WEDGES PEACHES MILK-VARIETY	Mar - 18  SPAGHETTI & MEAT SAUCE TOSSED SALAD BREADSTICKS FRUIT COCKTAIL MILK-VARIETY	Mar - 19  FRENCH TOAST BREAKFAST SAUSAGE HASH BROWN APPLESAUCE MILK-VARIETY
Mar - 22  GRILLED CHEESEBURGER LETTUCE & TOMATO FRENCH FRIES PEACHES MILK-VARIETY	Mar - 23  TOMATO SOUP ASSORTED GRINDERS TOSSED SALAD FRUIT COCKTAIL MILK-VARIETY	Mar - 24  MULTI GRAIN PIZZA WITH ASST. TOPPINGS GREEN BEANS ORANGES MILK-VARIETY	Mar - 25  SHEPHERD'S PIE CARROTS WHOLE WHEAT BREADSTICK APPLESAUCE MILK-VARIETY	Mar - 26  CHICKEN NUGGETS WHIPPED POTATOES PEAS FRUIT MILK-VARIETY
Mar - 29  HOT DOG ON A ROLL BAKED BEANS POTATO PUFFS PINEAPPLE CHUNKS MILK-VARIETY	Mar - 30  BAKED CHICKEN WHIPPED POTATOES MIXED VEGETABLES APRICOTS MILK-VARIETY	Mar - 31  TACOS CORN APPLESAUCE MILK-VARIETY		

MENU SUBJECT TO CHANGE  
BREAKFAST SERVED DAILY  
THERE ARE 3 TYPES OF MILK SERVED DAILY:  
CHOCOLATE, SKIM, AND 2%  
JUICE IS 100% PURE JUICE  
FRESH FRUITS AND VEGETABLES AVAILABLE DAILY

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**